

Spokane Falls Community College
COURSE LEARNING OUTCOMES AND OUTLINE

Prefix and Course Number
Course Title

OR-PR 182
Therapeutic Shoe Fitter

Last Modified: Fall 2016

Course Learning Outcomes

By the end of this course, a student should be able to:

- Use basic medical terminology for communication and documentation.
- Identify basic foot anatomy.
- Identify common foot pathologies and deformities.
- Describe the signs, symptoms, and risk factors associated with the diabetic foot.
- Identify the process for providing a physical evaluation of the foot.
- Identify therapeutic shoe eligibility criteria.
- Identify common materials used in therapeutic footwear and prefabricated foot orthoses.
- Describe the Centers for Medicare and Medicaid Services (CMS) documentation requirements.
- Evaluate the foot in a comprehensive manner.
- Use foot measurement tools to select appropriate footwear for the diabetic foot- defined in the A5500 CMS Code.
- Use the appropriate tools and materials to select, direct mold, and fit foot orthoses- defined in the A5512 CMS Code.

Course Outline

1. Assessment of specific prescription

- a. physical assessment
- b. circulation
- c. skin integrity
- d. protective sensation
- e. pain
- f. therapeutic shoe requirements
- g. environmental barriers including social, home, and work reintegration

2. Formulation of a treatment plan

- a. analysis of shoe construction needs and design requirements
- b. consultation with and/or referral to other health care professionals

3. Implementation of treatment plan

- a. measuring patient for shoes
- b. material selection
- c. shoe fit evaluation
- d. minor adjustments to accommodate individual anatomic contours
- e. patient education and instruction

4. Utilization of a follow-up treatment plan

- a. documentation of functional changes
- b. minor adjustments to the fit of the shoe to ensure successful outcomes
- c. confirmation of patient education and instruction

5. Compliance with practice management plans

- a. adherence to applicable local, state and federal laws and regulations
- b. following patient care guidelines and procedures
- c. maintaining a safe and professional environment for patient care
- d. understanding claims development and submission

6. Promotion of competency and enhancement of professional practice

- a. continuing education
- b. promotion of public awareness of the profession
- c. consumer organizations, governmental and non-governmental organizations