

Course Objectives/Course Outline
Spokane Community College

Course Title: Clinical Medical Assistant IV - B

Prefix and Course Number: MA 133

Course Learning Outcomes:

By the end of this course, a student should be able to:

IV.C.1. Describe dietary nutrients including:

- a. Carbohydrates
- b. Fat
- c. Protein
- d. Minerals
- e. Electrolytes
- f. Vitamins
- g. Fiber
- h. Water

IV.C.2. Define the function of dietary supplements

IV.C.3. Identify the special dietary needs for:

- a. Weight control
- b. Diabetes
- c. Cardiovascular disease
- d. Hypertension
- e. Cancer
- f. Lactose sensitivity
- g. Gluten-free
- h. Food allergies

V.C.6. define coaching a patient as it relates to:

- a. Health maintenance
- b. Disease prevention
- c. Compliance with treatment plan
- e. Adaptations relevant to individual patient needs

V.C.17. Discuss the theories of:

- a. Maslow
- c. Kubler-Ross

VIII.C.4. define a patient-centered medical home (PCMH)

X.C.9. List and discuss legal and illegal interview questions

IV.P.1. Instruct a patient according to patient's special dietary needs

V.P.4. Coach Patients regarding:

- b. Health maintenance
- c. Disease prevention

IV.A.1. Show awareness of patient's concerns regarding a dietary change

Course Outline:

- I. Assisting with Medical Specialties (Chapter 36, Pearson's 4th edition)
- II. Assisting with Care of the Eye, Ear Nose, and Throat (Chapter 38, Pearson's 4th edition)
- III. Patient Education (Chapter 55, Pearson's 4th edition)
- IV. Nutrition (Chapter 56, Pearson's 4th edition)
- V. Mental Health (Chapter 57, Pearson's 4th edition)