Spokane Community College

Course Title: Nursing Care of Patients Across the Lifespan
Prefix and Course Number: NURS 104

Course Learning Outcomes:
By the end of this course, a student should be able to:

— Describe the principles of collaboration, compassion and respect for patients and their families into the planning and delivery of care to patients across the lifespan
— Identify growth and development concepts to provide compassionate care across the lifespan; describe means to promote comfort; describe infection control standards and infectious process
— Describe the prioritization of care based on the needs of patients across the lifespan
— Describe the professional nurse’s role as educator
— Describe culturally competent care of elderly clients

Course Outline:
I. Health, Wellness and Illness
   A. Health belief systems
II. Teaching and learning
   A. Learning styles
   B. Effective patient education
III. Comfort
   A. Acute and chronic pain
   B. Pain relief techniques
IV. Infection.
   A. Common infectious diseases
   B. Chain of infections
   C. Infection control standards
V. Basic Concept of Cellular regulation
   A. Breast cancer
   B. Prostate cancer