Course Objectives/Course Outline
Spokane Community College

Course Title: Professional Technical First Aid
Prefix and Course Number: HLTH 120

Course Learning Outcomes:
By the end of this course, a student should be able to:

- Explain the Emergency Medical system and the role of the lay responder
- Recognize the nature and seriousness of the patient’s condition or extent of injuries to assess medical care requirements
- Administer appropriate emergency medical care based on the assessment of injuries
- Lift, move, position and handle patients to minimize discomfort and prevent further injury
- Demonstrate proper CPR techniques
- Demonstrate proper AED techniques

Course Outline:

I. Introduction
   A. Roles and Responsibilities
   B. Scene Safety

II. Infectious Diseases

III. Activation of EMS

IV. Human Anatomy
   A. Initial Assessment
   B. Ongoing Assessment

V. Airway Management

VI. Circulation, CPR and AED
   A. CPR Practice
   B. Shock
   C. Bleeding

VI. Muscle and Bone Injuries

VII. Spinal Precautions

VIII. Soft Tissue Injuries

IX. Heat Related Emergencies

X. Cold Related Emergencies

XI. Burns

XII. Breathing Emergencies

XIII. Cardiac Emergencies and Chest Pain

XIV. Chest and Head Injuries

XV. Abdominal Emergencies

XVI. Stroke

XVII. Diabetic Emergencies

XVIII. Poisoning

XIX. Seizures, Convulsions, and Altered Mental Status

XX. Allergic Reactions