Prefix and Course Number: PTA Procedures V: Rehab Applications Lab Course Title: PTA 271 Version Date: 10/4/2019

## **Course Learning Outcomes**

Upon successful completion of the course, the student will be able to:

- 1. Demonstrate competence in implementing geriatric treatment programs for patients with arthritis, balance dysfunctions, and for patients needing functional skill training. (7D23d, 7D23f)
- 2. Given information derived from physical therapy evaluations and the "*Guide to Physical Therapist Practice*", demonstrate competency in performing the following data collection skills essential for carrying out the plan of care:
  - a. Gather pertinent information from the physical therapy evaluation and as available, review the health records lab values, diagnostic tests, and specialty reports(7D18)
  - b. Identify subjective information that is missing from the evaluation and obtain the needed information through interviews with patients/clients, family/caregivers related to prior and current level of function and general health status. (7D15)
  - c. Administer standardized questionnaires for pain and functional status. (7D24j, 7D24m)
  - d. Identify objective information that is missing from the evaluation and perform the following objective tests and measures essential for carrying out the plan of care (this may include reassessments). (7D24)
    - Aerobic capacity and endurance (7D24a)
    - Anthropometrical characteristics (7D24b)
    - Mental functions (7D24c)
    - Assistive technology (7D24d)
    - Gait, locomotion, balance (7D24e)
    - Integumentary integrity (7D24f)
    - Joint integrity and mobility (7D24g)
    - Muscle performance (7D24h)
    - Pain (7D24j)
    - Posture (7D24k)
    - Range of motion (7D24I)
    - Inspect work environment (7D24m)
    - Ventilation, respiration and circulation (7D24n)
- 3. From information derived from physical therapy evaluations and the "*Guide to Physical Therapist Practice*", demonstrate competency in implementing the following interventions identified in the plan of care established by the physical therapist. (7D23)
  - a. Airway clearance techniques (7D23a)
  - b. Applications of devices and equipment Assistive/adaptive, orthotic (7D23b)
  - c. Biophysical agents EMG/biofeedback, cryotherapy, electrotherapy, compression therapies, hydrotherapy, thermal agents, traction, light therapy (7D23c)
  - d. Functional training (7D23d)
  - e. Manual therapy techniques PROM, massage (7D23e)
  - f. Motor function training balance, gait (7D23f)
  - g. Patient/Client education (7D23g)

- h. Therapeutic Exercise (7D23h)
- i. Isolation techniques (7D23i)
- 4. Demonstrate competency for the following criteria as it pertains to the plan of care established by the physical therapist:
  - a. Monitoring and adjusting interventions in the plan of care in response to patient/client status and clinical indication. (7D19)
  - b. Recognizing and reporting any changes in patient/client status or progress to the supervising physical therapist. (7D20)
  - c. Determining when an intervention should not be performed due to clinical indicators or if inappropriate for a PTA.(7D21)
  - d. Providing what is needed for planning the 'discontinuation of the episode of care' as directed by the physical therapist including family training, equipment, and an appropriate home exercise program. (7D22)
  - e. Explaining how each short and long-term goal is achieved through the plan of care developed by the physical therapist. (7D17)
  - f. Communicating effectively with the patient/client, family, PT and other stakeholders. (7D7)
  - g. Educating using teaching methods that are appropriate with the needs of the patient/client, caregiver, etc. (7D12) (7D23g)
  - h. Documenting accurate documentation that follows the state practice act. (7D25)
  - i. Billing correctly for treatments rendered. (7D31)
- 5. Demonstrate the following while working with "real subject/volunteer" and/or "scenario" patients in a clinical environment under the direction and supervision of the physical therapist: (7C):
  - a. Strategies to utilize current evidence-based practice/theory, and clinical judgment while considering the patient/client perspective and their environment. 7D9)
  - b. Teaching methods, that are commensurate with the needs of the "patient". (7D12)
  - c. Performance improvement activities including the following: (7D29)
    - Review a patient chart and submit a completed quality assurance survey.
    - Administer a patient satisfaction survey.
  - d. Professional behavior in a manner consistent with the Guide for Conduct of the Physical Therapist Assistant (APTA) and Standards of Ethical Conduct (APTA). (7D4)
- 6. Compare and contrast the different aquatic therapy methods used for various diagnoses. (7D23c)