

**Spokane Falls Community College**  
**COURSE LEARNING OUTCOMES**

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**Prefix and Course Number: PTA 110**

**Course Title: PTA Procedures I: Basic PT Procedures Seminar**

**Version Date: 04/29/2019**

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**Course Learning Outcomes**

Upon successful completion of the course, the student will be able to:

1. Describe therapeutic presence and effective communication as it pertains to patients/clients, family members, caregivers, and practitioners. (7D7)
2. Compare and contrast the different lifting models and body mechanics as it relates to functional training in self-care in domestic environments and work.(7D23d)
3. Explain the principles and concepts of positioning including normal and abnormal integumentary changes; positioning and postures that aggravate or relieve pain, alter sensations, or that can produce associated skin trauma. (7D24f)
4. Discuss the following data collection methods including factors that may influence both normal and abnormal findings:
  - a. Standard vital signs (7D24a)
  - b. Anthropometric measurements used in physical therapy. (7D24b)
  - c. Standardized questionnaires for measuring pain as it relates to functional activities, positioning, and postures that aggravate or relive pain or altered sensations. (7D24j)
5. Identify and/or describe techniques, recommended standards and safety factors while performing emergency care in multiple settings as it pertains to the following:
  - a. The correct application of basic first aid and CPR. (7D26)
  - b. The different types of devices commonly seen in an ICU acute care setting (7D24d)
6. Identify and describe the following as it applies to wound management:
  - a. Isolation techniques, sterile technique, application and removal of dressing or agents, and identification of precautions for dressing removal.( 7D23i)
  - b. Different features of viable versus nonviable tissue.(7D24f)
  - c. Different physical therapy methods that are effective in wound care.(7D23i)
7. Explain and/or describe the following as it relates to edema and lymphedema management:
  - a. The physiology and the basic principles (7B)
  - b. Activities and conditions that aggravate or relieve edema. 7D24n)
  - c. Compression devices for management of edema and lymphedema.(7D23b)
8. Describe the physiological effects, purpose, advantages/disadvantages, indications/contraindication, precautions and the appropriate treatment application for the following biophysical agents:(7D23c)
  - a. Compression therapies
  - b. Superficial and Deep thermal agents
  - c. Cryotherapies
  - d. Hydrotherapy
  - e. Light therapies