OT 232 Group Dynamics Lab

COURSE LEARNING OUTCOMES (CLOs)
1. Analyze the features and developmental stages of groups and team process.
2. Critically evaluate and discuss the tools needed for effective communication in a variety of group scenarios.
3. Analyze the needed components to develop a comprehensive group treatment protocol.
4. Design negotiation strategies when analyzing a conflict that may arise in the profession of occupational therapy, during group interactions, when navigating collaboration, or when working with families.
5. Demonstrate the importance of therapeutic use of self.
6. Demonstrate the fundamentals of interactive processes and communication in clinical interactions.
7. Demonstrate group membership skills, including dyadic, small and large group skills.
8. Demonstrate skills in giving and receiving feedback.
9. Use effective interview skills by role-playing given professional situations.
10. Demonstrate the capacity to resolve a conflict or negotiate an agreement by role-playing a given circumstance.
11. Share reflections and analyses of interpersonal skills used during interviewing, and group processing with classmates and instructors.
12. Examine and critique personal interpersonal communication in interviews, groups and in navigating conflict resolution.
13. Demonstrate professional behaviors of preparedness for class, punctuality, class attendance, dress code, participation in class discussion and activities and unconditional positive regard for others and self.
14. Demonstrate problem-solving skills and higher level thinking strategies that occur in group setting in order to understand the occupational therapy process used with clients.

Course Outline

I. Therapeutic Use of Self

II. Interpersonal Communications Skills
   A. Giving and getting feedback
   B. Professional behaviors

III. Group Dynamic and Developmental Formation of Groups
   A. Group conflict resolution skills
   B. Dyadic group membership
   C. Small group membership
   D. Large group membership

IV. Group Joining Techniques

V. Client-centered Principles

VI. Implementing Group Treatment Protocol
A. Psychodynamic Approach
B. Behavioral/Cognitive Approach
C. Allen’s Cognitive Approach
D. Developmental & Sensorimotor Approach
E. Human Occupation Approach

VII. Planning an OT group

VIII. Leading Groups

IX. Effective Interview Skills
   A. Cultural Competence
   B. Working with families and teams
   C. Task groups
   D. Life Skills Group