OTA 111 Activity Analysis

COURSE LEARNING OUTCOMES (CLOs)
1. Explain the relationship between occupation and the quality of life and the importance of using meaningful everyday activities.
2. Explain how life roles can influence the client’s occupational performance.
3. Explain the relationship between occupation and health.
4. Explain & demonstrate how the Occupational Therapy Practice Framework can contribute to analyzing activities.
5. Articulate the role activity analysis plays in the clinical reasoning process and improving activities of daily living.
6. Identify action steps in performing an activity.
7. At an introductory level, articulate the performance standards that make up an activity.
8. Analyze activities through performance (experiential).
10. Define the terms grading and adapting as applied in occupational therapy intervention including deficits in sensory, motor, cognitive, emotional, social demands.
11. Explain how adapting and grading activities can contribute to improving the client’s performance in the following areas: ADL’s, IADLs, gross & fine motor coordination tasks, strengthening, developmental activities.
12. Articulate awareness of range of therapeutic activities including play, leisure, education activities, arts, social stories can be used as therapeutic interventions.
13. Identify gradation and modification strategies for activities.
14. Describe how occupational therapy practitioners use cultural differences in determining therapy implementation.
15. Complete and demonstrate an awareness of social participation activities as therapeutic interventions.

Course Outline

I. Occupation and the quality of life
   A. Meaningful activity
   B. Life Roles

II. Occupation and health

III. Task analysis vs. activity analysis
   A. Clinical Reasoning
   B. Activity performance standards
   C. Grading and Adaptation
      1. ADL’s, IADL’s
      2. Gross and Fine Motor Coordination
      3. Strengthening
      4. Vision
      5. Developmental
      6. Sensation

IV. Use of Occupational Therapy Practice Framework in activity analysis
   A. Occupational Performance Areas:
      1. Instrumental Activities of Daily Living
2. Activities of Daily Living
3. Leisure
4. Productive activities
5. Work

V. Understand the elements of activities:
   A. Form and Structure of Activities
   B. Properties
   C. Action Processes
   D. Outcomes
   E. Symbols and Meaning of Activities

VI. Use cultural and historical references to activities

VII. Process of activity analysis
   A. Individual presentation
   B. Written description of activity analysis
   C. Group process/discussion

VIII. Gradation and modification strategies for activities
   A. Sensory Deficits
   B. Motor Deficits
   C. Cognitive Deficits
   D. Emotional Deficits
   E. Social Demands