OTA 101 Foundation of Occupational Therapy

COURSE LEARNING OUTCOMES (CLOs)

1. Articulate the principles and meaning of occupations, performance skills, performance patterns, activity demands, context(s), and client factors.
2. Examine the historical development and philosophical base of the profession and their influence on practice.
3. Identify the importance, structure, and function of professional organizations (national, state, and local) and professional regulation to occupational therapy practice and responsibilities.
4. Describe the sociocultural and political trends that impact health care, human services, and the influence of the profession of occupational therapy across practice settings.
5. Explain the occupational therapy process including the stages of screening, referral, evaluation, intervention, and discharge/follow-up.
6. Examine the role of professional advocacy to support individuals’ participation in meaningful and desired activities.
7. Describe the role of the occupational therapist and occupational therapy assistants in a variety of practice environments.
8. Demonstrate an understanding of the following occupational therapy interventions: adaptation/compensation; restoration/remediation; disability prevention; and promotion of wellness.
9. Describe the application, relevance, characteristics, criteria, and various formats for documentation methods used in occupational therapy practice.
10. Explain the role of professional ethics, dispute resolution systems, and their relationship to occupational therapy practice.
11. Recognize the importance of the supervisory and collaborative process between the occupational therapist and occupational therapy assistant.
12. Describe the role of ongoing professional development for occupational therapy practitioners and its relationship to membership in professional organizations, practice competencies, certification, and licensure requirements.
13. Identify and describe the role and relevance of research and evidence-based practice within the profession.
14. Articulate and explain the common professional taxonomies as a basis for effective professional communication.
15. Demonstrate competence in basic computer use, including the ability to use OT/medical databases and search engines to access information, review word processing and presentation software.
16. Identify the importance, structure and function of professional organizations (national, state and local) and professional regulation to occupational therapy practice and responsibilities.
17. Describe the requirements for certification, licensure and registration and the regulatory process under state laws.
18. Identify personal and professional behaviors as they relate to job responsibilities.
19. Describe the application, relevance, characteristics, criteria and various formats for documentation methods used in occupational therapy practice.
20. Demonstrate familiarity with the concepts, language and application of the Occupational Therapy Practice Framework: Domain and Process (2002) and other professional taxonomies.
21. Articulate a working definition of OT.
23. Articulate a beginning understanding of the role of OT in rehabilitation, mental health, acute care, school district, home, workplace, community, and how practice setting can affect service delivery.

Course Outline
I. Historical development and philosophical base of the profession
II. Structure and function of professional organizations
   A. AOTA
   B. NBCOT
   C. WOTA
III. Occupational Therapy Practice Framework
IV. Occupational therapy process
   A. Screening
   B. Referral
   C. Evaluation
   D. Intervention
      1. Adaptation/Compensation
      2. Restoration/Remediation
      3. Disability Prevention
      4. Promotion of Wellness
   E. Discharge/Follow-up
V. Professional advocacy
VI. Process of certification, licensure, and regulatory process
    A. Licensure laws
    B. WAC Codes
    C. AOTA Standard of Ethics
    D. NBCOT exam
VII. Collaborative role of the occupational therapist and occupational therapy assistants
VIII. Documentation methods used in occupational therapy practice
    A. Application
    B. Relevance
    C. Characteristics
    D. Criteria
    E. Formats
IX. Professional ethics
    A. State and national ethics standards
    B. Practice standards/competencies
    C. Professional behaviors
X. Competency in OT/school communication
   A. Computer use
   B. OT/Medical Databases
   C. Word Processing
   D. Presentation software
XI. Definition of OT
    A. Working definition
    B. Understanding of OT in:
       1. Mental Health
       2. Rehabilitation
       3. School District
       4. Acute Care
       5. Skilled Nursing
       6. Home
       7. Workplace
       8. Community