

# Spokane Falls Community College

## Course Learning Outcomes and Outline

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Prefix and Course Number    ICS 240  
Course Title                      Trauma-Informed Services

Version Date: 11/12/18

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### Course Learning Outcomes

Upon successful completion of the course, the student will be able to:

1. Describe different types of trauma and their impact on client behaviors
2. Demonstrate knowledge of assessment instruments for trauma
3. Explain a variety of treatment approaches in trauma-informed care
4. Understand the importance of self-care when providing trauma-informed care

### Course Outline

#### I. Introduction to Types of Trauma

- A. Life-altering events
- B. Adverse childhood experiences (ACEs)
- C. Moral injury
- D. Complex trauma

#### II. The Impact of Trauma

- A. Factors impacting the development of trauma responses
- B. Sequence of reaction to traumatic events
- C. Traumatic-specific mental health disorders
- D. Re-traumatization

#### III. Screening and Assessment

- A. Barriers and challenges
- B. Screening and assessment instruments
- C. Diagnostic criteria
- D. Delayed trauma responses

#### IV. Clinical Issues and Comorbidities

- A. Treatment issues
- B. Appropriate referrals to care
- C. Integration of care across multidisciplinary teams
- D. Co-occurring disorders

## V. Treatment Coordination

- A. Safety concerns
- B. Integrated and multidisciplinary care
- C. Peer support
- D. Cultural, historical, and gender issues

## VI. Intervention and Treatment Models

- A. Resiliency training
- B. Crisis intervention
- C. Evidence-based approaches

## VII. Vicarious Trauma

- A. Secondary trauma
- B. The impact of client trauma on the helper
- C. Client suicide
- D. Provider self-care

## VIII. The Trauma-Informed Workforce

- A. Organizational awareness and change
- B. Social services provider competencies
- C. Provider ethics and responsibilities
- D. Supervision concerns and guidelines