

# Spokane Falls Community College

## Course Learning Outcomes and Outline

---

Prefix and Course Number    ICS 210

Course Title                      Behavioral Health across the Lifespan

Version Date: 11/21/18

---

### Course Learning Outcomes

Upon successful completion of the course, the student will be able to:

1. Describe the characteristics of a variety of mental health disorders
2. Describe the characteristics of various substance use disorders
3. Identify basic helping strategies and services for behavioral health conditions
4. Understand the prevalence of behavioral health disorders at different life stages.

### Course Outline

- I. Professional Attitudes toward Behavioral Health Disorders
  - A. Definitions of mental health and illness
  - B. Primary versus secondary and tertiary diagnoses
  - C. Differential diagnoses
- II. Diagnostic criteria, Screening and Assessment
  - A. Mental Status Exams (MSEs)
  - B. The Diagnostic & Statistic Manual of Mental Disorders (DSM-5)
  - C. International Statistical Classification of Diseases (ICD)
- III. Psychotic Disorders
  - A. Diagnostic criteria
  - B. Associated stigma
  - C. Psychosis in connection with other issues and disorders
  - D. Core competencies in early recognition and intervention
  - E. Prevalence
- IV. Mood Disorders
  - A. Diagnostic criteria
  - B. Differentiation between grief and mood disorders
  - C. Treatment and service strategies
  - D. Prevalence
- V. Anxiety and Obsessive-Compulsive and Related Disorders
  - A. Treatment and service strategies
  - B. Prevalence

- VI. Trauma and Stress-Related Disorders
  - A. Diagnostic criteria
  - B. Treatment and service strategies
  - C. Prevalence
  
- VII. Personality Disorders
  - A. Diagnostic criteria
  - B. Treatment and service strategies
  - C. Prevalence
  
- VIII. Disruptive, Impulse-Control, and Conduct Disorders
  - A. Diagnostic criteria
  - B. Treatment and service strategies
  - C. Prevalence
  
- IX. Neurodevelopmental Disorders
  - A. Diagnostic criteria
  - B. Treatment and service strategies
  - C. Prevalence
  
- X. Neurocognitive Disorders
  - A. Diagnostic criteria
  - B. Treatment and service strategies
  - C. Prevalence
  
- XI. Substance Use Disorders
  - A. Diagnostic Criteria
  - B. Treatment and service strategies
  - C. Prevalence
  
- XII. Considerations
  - A. Social services challenges
  - B. Ethical dilemmas in detainment
  - C. Least-Restrictive Alternatives
  - D. Progression of disorders across the lifespan
  - E. Suicidality by age group
  - F. Cultural considerations