

Spokane Falls Community College
Course Learning Outcomes and Outline

Prefix and Course Number ICS 200
Course Title Introduction to Long-Term Care

Version Date: 11/21/18

Course Learning Outcomes

Upon successful completion of the course, the student will be able to:

1. Describe the major physical, mental and psychosocial changes and health problems that necessitate long-term care.
2. Distinguish among different models of service delivery and understand their role in the care of different populations.
3. Outline the components of quality long-term care.
4. Describe the obstacles populations with chronic health challenges and barriers face when attempting to obtain long-term care and generate potential solutions.

Course Outline

- I. Overview of Long-Term Care
 - A. Long-term care definition
 - B. History of care and housing
 - C. Current care options
 - D. Funding sources

- II. Demographics
 - A. The aging population
 - B. Chronically mentally ill individuals
 - C. Populations with disabilities requiring long-term care

- III. Long-Term Care Services
 - A. Activities of Daily Living (ADLs)
 - B. Transportation
 - C. Contracted services
 - D. Negotiated Service Agreements and Care Plans

- IV. Cultural Considerations in Long-Term Care
 - A. Gender
 - B. Ethnicity
 - C. Health status
 - D. Religion and spirituality
 - E. Sexual identity and orientation

- V. Challenges in Caregiving
 - A. Challenging patient and resident behaviors
 - B. Ethics in caregiving and programing
 - C. In-home care challenges
 - D. Emergency preparedness

- VI. Legal Obligations and Standards of Care
 - A. Service Agreements in long-term care
 - B. State supervision and auditing
 - C. The Washington Administrative Code
 - D. Common health risks
 - E. Adult Protective Services
 - F. Child Protective Services

- VII. HIV/AIDS Training for Washington Healthcare Professionals

- VIII. Trends in Long-Term Care
 - A. Funding changes
 - B. Insurance for long-term care
 - C. Technological changes
 - D. Workforce needs
 - E. Dementia care
 - F. Aging in place