

Spokane Falls Community College
Course Learning Outcomes and Outline

Prefix and Course Number ICS 120

Course Title **Multicultural Perspectives in ICS**

Version Date: 11/28/18

Course Learning Outcomes

Upon successful completion of the course, the student will be able to:

1. Demonstrate an understanding of worldviews, communication styles, customs, and rituals that relate to differing perspectives in delivering and accepting help.
2. Describe the relevant needs of culturally diverse groups and people with disabilities encountered in clinical practice.
3. Provide treatment services and education appropriate to the personal and cultural identity and language of the client.
4. Describe the importance of self-awareness in one's personal, professional, and cultural life.

Course Outline

- I. Overview of Ideas about Culture, Society, and Identity
 - A. Schemas
 - B. Stereotypes
 - C. Diversity
 - D. Privilege

- II. Cultural Perspectives on Helping and Change
 - A. Spiritual helping
 - B. Professional helping
 - C. Motivation to change seen through the cultural lens
 - D. Cultural conceptualization of issues and disorders

- III. Social Determinants of Health
 - A. Lifestyle
 - B. Socioeconomic status
 - C. Health outcomes
 - D. Regional differences

- IV. Sex and Gender in Society
 - A. Gender identity
 - B. Gender roles

- C. Sexuality
 - D. Sexual orientation
 - E. Health outcomes related to gender issues
- V. Helping Specific Cultural Groups
- A. Clients from poverty
 - B. Minority cultures
 - C. Homeless culture
 - D. Disability cultures
 - E. Age groups
 - F. Refugees
 - G. Intersectionality
- VI. Stigma and Behavioral Health
- A. Shame and self-image
 - B. Adverse Childhood Experiences (ACEs)
 - C. Service provider biases
 - D. Service provider functioning in stigmatized places of work
- VII. Cultural Competence in the Workplace
- A. Culturally competent practice
 - B. Micro, meso, and macro levels of cultural competence
 - C. Assessment and standardization of tools
 - D. Professional associations' expectations of service providers
- VIII. Culturally competent communication
- A. Microaggression
 - B. Rapport building
 - C. Verbal and nonverbal cues