

**Spokane Falls Community College**  
**COURSE LEARNING OUTCOMES AND OUTLINE**

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**Prefix and Course Number**  
**Course Title**

**ECED& 100**  
**Child Care Basics**

**Version Date: 11/6/18**

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**Course Learning Outcomes**

1. Identify ways to create partnerships and provide resources for all families.
2. Examine and describe developmental characteristics and behaviors of infants, toddlers, preschoolers, and young children.
3. Plan for learning through play and active involvement for children in care programs.
4. Implement techniques for keeping children healthy and safe in the childcare/home care setting and identifying incidences of child abuse and neglect.
5. Describe techniques for meeting the nutritional and physical needs of all children.
6. Identify appropriate guidance techniques.
7. Relate how the Washington State Administrative Code governs child care programs and support staff in safely caring for children.
8. List examples of professional practices in Early Childhood Education.

**Course Outline:**

- I. Family partnerships and resources
  - A. Communication and relationships with families
  - B. Cultural difference and the positive effects
- II. Developmental characteristics and behaviors
  - A. Developmental continuum and milestones
  - B. Healthy, respectful, supportive and challenging learning environments
- III. Play and active involvement
  - A. Role of play in growth and development
  - B. Activities that support developmental levels
- IV. Health and safety of children
  - A. Environmental safety precautions
  - B. Child abuse and neglect - indicators and responsibility
  - C. Illness and injury prevention and reporting
- V. Nutritional and physical needs of children
  - A. Basic nutritional guidelines
  - B. Dietary recommendations for meal preparation and service
- VI. Guidance strategies and techniques
  - A. Supportive and responsive relationships
  - B. Prosocial behaviors – positive relationships
  - C. Approaches – authoritative, permissive, authoritarian
- VII. Washington State Administrative Code
  - A. State regulations and licensing standards
  - B. Program policies – development and alignment
- VIII. Professional practices in Early Childhood Education
  - A. Professional Code of Ethics
  - B. Professional development