

Spokane Falls Community College
COURSE LEARNING OUTCOMES AND OUTLINE

Prefix and Course Number
Course Title

AS 297
Brief Risk Intervention (BRI) For HIV And Addiction
Counseling

Last Modified: Spring 2009

Course Learning Outcomes

By the end of this course, a student should be able to:

- Analyze a brief risk assessment with a potential client, to help that person assess personal risk for HIV/AIDS infection and discuss methods to reduce infection transmission and reinforce health- enhancing activities and safe sex practices.

Course Outline

I. Course Orientation

- A. Introduction to Course
- B. Overview of Technical Assistance Publication (TAP) 21, *Addiction Counseling Competencies: The Knowledge, Skills, and Attitudes of Professional Practice*
- C. Overview of TAP 21-A, *Competencies for Substance Abuse Treatment Clinical Supervisors*
- D. Overview of NADAAC Standards of Counseling
- E. Explanation of Course Expectations
- F. Explanation of Course Structure

II. Requirements of Addiction Counselors and the BRI

- A. What is the BRI
- B. Legal Requirements
- C. Confidentiality
- D. Reporting Requirements

III. The Relationship Among Substance Using Lifestyles, Risky Sexual Behaviors, and the Transmission Of Infectious Diseases

- A. Develop cultural and overall competence in discussing sexuality
- B. Role play an individual face-to-face interview implementing an HIV brief risk assessment to a potential client (required by Washington State for certification of professionals).
- C. Help a client assess personal risk for HIV/AIDS and other infectious diseases
- b. Promote client knowledge, skills, and attitudes consistent with the maintenance of health and prevention
- E. Discuss methods to reduce infection transmission
- F. Reinforce health-enhancing activities and safe sex practices.

IV. Counseling Clients with HIV and Substance Abuse Disorders

- A. Examine personal fears and myths surrounding HIV infection and those infected with or affected by the disease.
- B. Understand the importance of knowing the client's and system's worldviews relative to health
- C. Understand the legal and ethical issues surrounding HIV/AIDS and the importance of confidentiality.
- D. Know how to refer to available community health care, support and prevention resources