

Spokane Falls Community College
COURSE LEARNING OUTCOMES AND OUTLINE

Prefix and Course Number
Course Title

AS 296
Treatment of Addictions Individual and Group

Last Modified: Spring 2009

Course Learning Outcomes

By the end of this course, a student should be able to:

- Identify counselor qualities that establish a helping relationship with the client.
- Identify professional helping skills appropriately used and skills that need improvement in videotaping sessions with other students.
- Describe the importance of being able to make accurate and timely referrals.
- Explain the importance of individual differences and how they influence client behavior.
- Demonstrate the ability to analyze counseling situations at entry skill level and act on the behalf of the patient.
- Describe the skills needed to make justifiable inferences and interpretations.
- Describe the stages of change and other signs of treatment progress.
- Demonstrate helping strategies and treatment modalities appropriate to the client's stage of dependence, change, or recovery.

Course Outline

I. Course Orientation

- A. Introduction to Course
- B. Overview of Technical Assistance Publication (TAP) 21,
*Addiction Counseling Competencies: The Knowledge,
Skills, and Attitudes of Professional Practice*
- C. Overview of TAP 21-A, *Competencies for Substance Abuse
Treatment Clinical Supervisors*
- D. Overview of NADAAC Standards of Counseling
- E. Explanation of Course Expectations
- F. Explanation of Course Structure

II. Addiction Treatment

- A. Evidenced Based Approaches
- B. Systems of Care
- C. Historical Models

III. Individual Treatment

IV. IV. Group

V.Recovery and Supports

- A. Healthy System Recovery
- B. New Peer Supports