

Spokane Falls Community College
COURSE LEARNING OUTCOMES AND OUTLINE

Prefix and Course Number	AS 294
Course Title	Family Systems and Adolescent Treatment for Addict ALT Training

Last Modified: Spring 2009

Course Learning Outcomes

By the end of this course, a student should be able to:

- Recognize the importance of family, social networks and community systems in the treatment and recovery process.
- Recognize how, when, and why to involve the client's significant others in enhancing or supporting the treatment plan.
- Understand the characteristics and dynamics of families, couples, and significant others affected by substance use.
- Be familiar with and appropriately use models of diagnosis and intervention for families, couples, and significant others, including extended, kinship, or tribal family structures.
- Assist families, couples, and significant others in adopting strategies and behaviors that sustain recovery and maintain healthy relationships.
- Select and use a comprehensive assessment process that is sensitive to age, gender, racial and ethnic culture, and disabilities.
- Sensitize others to issues of cultural identity, ethnic background, age, and gender in prevention, treatment, and recovery.

Course Outline

I. Course Orientation

- A. Introduction to Course
- B. Overview of Technical Assistance Publication (TAP) 21, *Addiction Counseling Competencies: The Knowledge, Skills, and Attitudes of Professional Practice*
- C. Overview of TAP 21-A, *Competencies for Substance Abuse Treatment Clinical Supervisors*
- D. Overview of NADAAC Standards of Counseling
- E. Explanation of Course Expectations
- F. Explanation of Course Structure

II. Impact of Addictions on the Family System

- A. Homeostasis
- B. Boundaries
- C. Rules, Healthy and Unhealthy
- D. Exploration of values and beliefs
- E. Application to Mobile Demonstration

III. Adolescent Development and Addiction Treatment

- A. Adolescent Development

- B. Addiction and the Adolescent
 - 1. Genetics
 - 2. The Adolescent Brain
 - 3. Environmental Impacts
 - 4. Peer Groups
- C. Adolescence-Diagnosis and Treatment

IV. Impact of Addiction on Families and Adolescent Systems

- A. Family Histories
- B. Genograms

V. Evidenced Based Programs

- A. Families
- B. Adolescence

VI. Recovery and Supports

- A. Co-dependency, Enabling
- B. Healthy System Recovery