

Spokane Falls Community College
COURSE LEARNING OUTCOMES AND OUTLINE

Prefix and Course Number
Course Title

AS 287

Survey of Addiction Alternative Training

Last Modified: Quarter Year

Course Learning Outcomes

By the end of this course, a student should be able to:

- Describe a variety of models and theories of addiction and other problems related to substance abuse.
- Describe the behavioral, psychological, physical health and social effects of psychoactive substances on the person using, and significant others.
- Provide culturally relevant formal and informal education programs that raise awareness and support substance abuse prevention and the recovery process.
- Describe factors that increase the likelihood for an individual, community or group to be at-risk for, or resilient to, psychoactive substance use disorders.
- Describe issues of cultural identity, ethnic background, age and gender in prevention, treatment and recovery.
- Describe warning sign, symptoms, and the course of substance use disorders.
- Describe principles and philosophy of prevention, treatment and recovery.
- Describe current and evidenced-based approaches practiced in the field of addictions.

Course Outline

I. Major perspectives on use, abuse and addiction of alcohol/drug consumption and compulsive behaviors

- A. Moral – Legal Perspective
- B. Medical – Health Perspective
- C. Psychosocial Perspective
- D. Social – Cultural Perspective
- E. Spiritual Perspective

II. Models and theories of dependency and addiction

- A. Disease Model
- B. Genetic Model
- C. Addictive Personality Model
- D. Family Model
- E. Self-Medication Model

III. Drug Specific Information - Classification of Drugs

- A. Central Nervous System Depressants
- B. Central Nervous System Stimulants
- C. Nicotine
- D. Narcotic Analgesics
- E. Hallucinogens
- F. Inhalants
- G. Cannabis Sativa

IV. Diagnostic Categories and progression of the symptoms of addiction

- A. Experimentation
- B. Intoxication
- C. Abuse
- D. Dependence
- E. Withdrawal
- F. Relapse from abstinence

V. Abuse and Dependence in the Family

- A. Imbalanced family systems
- B. Addicted family survival roles
- C. Impact of family addiction

VI. Prevention of substance and behavioral addictions

- A. Key components of a prevention program
- B. Programs aimed at at-risk-youth
- C. Prevention including vulnerable populations

VII Interventions at various stages of the use/abuse/dependency continuum

- A. Initial contact interventions
- B. Experimentation Interventions
- C. Interventions at the regular use stage

VIII. Abuse and addiction recovery support, treatment and relapse prevention

- A. Becoming an addiction treatment provider in WA state
- B. Stages of recovery
- C. Harm reduction
- D. Outpatient
- E. Inpatient
- F. Individual, group and family treatment
- G. Medications
- H. Support Groups
- I. Alternative Approaches
- J. Recognizing the signs of relapse
- K. Relapse Prevention
- L. Prevalence of Co-occurring Disorders