

Course Objectives/Course Outline
Spokane Community College

Course Title: Basic Life Support Instructor

Prefix and Course Number: RT 308

Course Learning Outcomes:

By the end of this course, a student should be able to:

- Demonstrate effective teaching techniques for adolescents and adults
- Effectively teach the following cognitive skills:
 - Recognition the signs and symptoms of cardiac arrest
 - Recognition of the signs and symptoms of an obstructed airway
 - Identification of the links in the Chain of Survival
 - Recognition of the signs and symptoms of stroke
- Effectively teach the following psychomotor skills for infant, children and adult victims:
 - Activating EMS
 - Opening the airway
 - Relief of airway obstruction
 - Performing chest compressions
 - Use of a bag/valve manual resuscitator
 - Use of a barrier device for mouth-to-mouth ventilation
 - Use of an automatic external defibrillator (AED)
 - Performance of 1 and 2 rescuer CPR

Course Outline:

- I. Individual Completion of an AHA Core Instructor Class (online)
- II. Course Overview, Purpose, Expectations, Introductions
- III. The Science Behind the Changes
- IV. Instructor Manual Review and Scenario-based Practice Exercises with AED
- V. Scenario Peer Practice Sheets – Skill Demo
- VI. HCP Course Sign up
- VII. Getting Ready for Your First Class
- VIII. BLS Instructor Exam
- IX. Course Evaluations