

Course Objectives/Course Outline
Spokane Community College

Course Title: Lifespan Psychology

Prefix and Course Number: PSYC& 200

Course Learning Outcomes:

By the end of this course, a student should be able to:

1. Recognize why developmental psychology is considered a science and describe the various research methods used by developmental psychologists.
2. Compare and contrast the different schools of thought regarding human development and recognize the key people associated with each school of thought.
3. Demonstrate scientific skepticism when evaluating the credibility of claims about human development.
4. Develop an increased appreciation for the complexity of human development as well as an increased ability to evaluate and explain development from biological, cognitive, and socioemotional perspectives.
5. Apply principles of developmental psychology to personal, social, and/or societal issues.

Course Outline:

Examine the causes of developmental change and reasons for disturbances in the developmental process.

- I. INTRODUCTION: History, Theory, and Research Methods
 - A. Basic Issues in Developmental Psychology
 - B. Historical Foundations
 - C. Theoretical Perspectives
 - D. Research Methods in Developmental Psychology
 - E. Ethics in Developmental Research

- II. BEGINNINGS OF LIFE
 - A. Conception and Prenatal Development
 - B. Pregnancy
 - C. Birth and Newborns

- III. INFANCY AND TODDLERHOOD
 - A. Physical Development in Infancy and Toddlerhood
 - B. Cognitive Development in Infancy and Toddlerhood
 - C. Emotional and Social Development in Infancy and Toddlerhood

- IV. EARLY CHILDHOOD
 - A. Physical Development in Early Childhood
 - B. Cognitive Development in Early Childhood

- C. Emotional and Social Development in Early Childhood
- V. MIDDLE CHILDHOOD
 - A. Physical Development in Early Childhood
 - B. Cognitive Development in Early Childhood
 - C. Emotional and Social Development in Early Childhood
- VI. ADOLESCENCE
 - A. Physical Development in Adolescence
 - B. Cognitive Development in Adolescence
 - C. Emotional and Social Development in Adolescence
- VII. EARLY ADULTHOOD
 - A. Physical Development in Early Adulthood
 - B. Cognitive Development in Early Adulthood
 - C. Emotional and Social Development in Early Adulthood
- VIII. MIDDLE AND LATE ADULTHOOD
 - A. Physical Development in Middle and Late Adulthood
 - B. Cognitive Development in Middle and Late Adulthood
 - C. Emotional and Social Development in Middle and Late Adulthood
- IX. THE END OF LIFE
 - A. Process of Death
 - B. Attitudes toward Death
 - C. Right to Die
 - D. Bereavement