

**Course Objectives/Course Outline**  
**Spokane Community College**

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**Course Title:** Human Sexuality  
**Prefix and Course Number:** PSYC& 180

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**Course Learning Outcomes:**

**By the end of this course, a student should be able to:**

- Compare and contrast major theories of human sexual behavior
- Summarize methods of sex research and discuss ethical and practical limitations of such research
- Describe biological issues related to sexuality, including anatomy & physiology, arousal, and reproduction
- Discuss human sexual behavior, including variations in sexual behavior and research on sexual orientation
- Summarize research on communication, attraction, love, and intimate relationships
- Identify and analyze sexuality issues and changes that occur throughout stages of the lifespan
- Identify and describe types of sexually transmitted infections, risk factors of transmission, and treatments
- Describe sexual disorders and dysfunctions and discuss the types of therapy used for treatment
- Summarize social and cultural issues related to sexuality

**Course Outline:**

- I. Sex Research
  - A. Historical views and theoretical perspectives on sexuality
  - B. Research methods and problems in sexuality research
  - C. Famous sexuality researchers
- II. Biological Issues
  - A. Male and female anatomy and physiology
  - B. Physiology of arousal and sexual response
  - C. Male and female reproductive health
  - D. Conception, pregnancy, and birth
  - E. Contraception and abortion
- III. Sexual Behavior
  - A. Arousal techniques
  - B. Sexual behavior patterns
  - C. Variations sexual behavior
  - D. Communication
  - E. Attraction, love, and intimate relationships
  - F. Sexual orientation
- IV. Sexuality Across the Lifespan
  - A. Sex hormones and prenatal sexual differentiation

- B. Sexuality during childhood and adolescence
- C. Gender development, gender roles, and gender identity
- D. Sexuality during adult years
- E. Sexuality and aging
- V. Sexual Problems
  - A. Sexually transmitted infections (STIs) and treatment
  - B. Sexual dysfunctions or disorders and therapy
  - C. Chronic illness, disability, and sexual adjustment
- VI. Cultural and Social Issues
  - A. Cultural variations in sexual behavior
  - B. Influence of the media
  - C. Coercive and exploitive sexual relationships
  - D. Sexual fallacies and misconceptions
  - E. Legal and ethical issues related to sex