

**Spokane Community College
Course Learning Outcomes and Outline**

Course Title: General Psychology

Prefix and Course Number: PSYC& 100

Course Learning Outcomes:

By the end of this course, a student should be able to:

1. Identify basic concepts and research findings, and give examples of psychology's integrative themes.
2. Apply psychological principles to everyday life.
3. Evaluate basic psychological research, and draw objective conclusions about behavior and mental processes from empirical evidence.
4. Evaluate misconceptions or erroneous claims about behavior and mental processes using evidence from psychological science.
5. Describe the ethical principles that guide psychologists in their work.

Course Outline:

This course outline is based on recommendations put forth in the American Psychological Association (APA) for the Introductory Psychology Course

I. Research Methods

- A. Descriptive methods
- B. Correlations
- C. Experiments
- D. Ethical considerations

II. Biological Topics (Cover at least two of the following):

- A. Neuroscience
- B. Sensation (Sensory Systems)
- C. Consciousness

III. Cognitive topics (Cover at least two of the following):

- A. Thinking and Cognition
- B. Memory
- C. Perception
- D. Intelligence

IV. Developmental Topics (Cover at least two of the following):

- A. Learning**
- B. Lifespan Development**
- C. Language**

V. Social and Personality Psychology (Cover at least two of the following):

- A. Social Psychology**
- B. Personality**
- C. Emotion**
- D. Motivation**
- E. Gender and Sexuality**
- F. Multicultural Psychology**

VI. Mental and Physical Health topics (Cover at least two of the following):

- A. Abnormal psychology (Disorders)**
- B. Methods of therapy and treatment**
- C. Stress and health psychology**
- D. Positive psychology**