

**Spokane Community College**

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**Course Title:** Application of Care of the Mental Health Patient

**Prefix and Course Number:** NURS 204

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**Course Learning Outcomes:**

**By the end of this course, a student should be able to:**

- Apply the principle of individual therapy, group therapy and medication management for patients with mental illness.
- Implement timely and appropriate interventions for patients who exhibit various psychotic and non-psychotic behaviors to maintain patient safety.
- Utilize established professional nursing standards, legal and ethical resources and other sources of evidence based practice to guide clinical decisions when providing compassionate care for patients with a mental illness.

**Course Outline:**

- I. Therapeutic Communication
  - A. Communicate effectively with clients
  - B. Role-play therapeutic communication techniques
- II. Assessment
  - A. Assessment of mental health clients using the mental status examination.