

Spokane Community College

Course Title: Care of the Mental Health Patient

Prefix and Course Number: NURS 203

Course Learning Outcomes:

By the end of this course, a student should be able to:

- Assess attitudes toward the mentally ill person that contribute to stigma and/or negative stereotypes
- Explore the components of psychotherapeutic management
- Compare and contrasts the pathophysiology and behaviors associated with a variety of mental illnesses and verbalize appropriate intervention techniques
- Determine how to incorporate patients and families into the planning and delivery of care to mental health patients
- Establish the therapeutic communication skills necessary to provide professional care to clients with mental health disorders

Course Outline:

- I. Assessment
 - A. Mental Status Examination
- II. Stress and coping
- III. Therapeutic Communication
- IV. Behaviors
- V. Cognition
- VI. Mood and Affect
- VII. Self
- VIII. Development