

**Spokane Community College**

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**Course Title:** Care of the Developing Family

**Prefix and Course Number:** NURS 200

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**Course Learning Outcomes:**

**By the end of this course, a student should be able to:**

- Explore evidence based principles of health and illness to promote, maintain, and restore the health of patients and their support systems throughout pregnancy and the postpartum period
- Describe the promotion of self-care concepts of the patient throughout pregnancy and the postpartum period
- Evaluate safe care for the patient throughout pregnancy and the postpartum period
- Explain professional communication and actions to be used with the patient and members of the health care team
- Identify patient needs for referral within the community

**Course Outline:**

- I. Introduction to Maternal Newborn Nursing
  - A. Hormones and family planning
  - B. Conception and fetal development
  - C. Maternal adaptations to pregnancy
  - D. Prenatal care and nutrition
  - E. Assessment of postpartum mother
  - F. Assessment of neonate
  - G. Newborn care and feeding
- II. Labor and Delivery
  - A. Childbirth education
  - B. Nursing care during obstetric procedures
  - C. Antepartum fetal assessment
  - D. Labor and delivery
  - E. Pain management during labor.