Spokane Community College

Course Title: Application of Care of the Mental Health Patient  
Prefix and Course Number: NURS 139  

Course Learning Outcomes:  
By the end of this course, a student should be able to:

− Apply the principle of individual therapy, group therapy and medication management for patients with mental illness.
− Implement timely and appropriate interventions for patients who exhibit various psychotic and non-psychotic behaviors to maintain patient safety.
− Utilize established professional nursing standards, legal and ethical resources and other sources of evidence based practice to guide clinical decisions when providing compassionate care for patients with a mental illness.

Course Outline:

I. Therapeutic Communication  
   A. Communicate effectively with clients  
   B. Role-play therapeutic communication techniques  
II. Assessment  
   A. Assessment of mental health clients using the mental status examination.