

Spokane Community College

Course Title: Application of Care of the Mental Health Patient

Prefix and Course Number: NURS 139

Course Learning Outcomes:

By the end of this course, a student should be able to:

- Apply the principle of individual therapy, group therapy and medication management for patients with mental illness.
- Implement timely and appropriate interventions for patients who exhibit various psychotic and non-psychotic behaviors to maintain patient safety.
- Utilize established professional nursing standards, legal and ethical resources and other sources of evidence based practice to guide clinical decisions when providing compassionate care for patients with a mental illness.

Course Outline:

- I. Therapeutic Communication
 - A. Communicate effectively with clients
 - B. Role-play therapeutic communication techniques
- II. Assessment
 - A. Assessment of mental health clients using the mental status examination.