Course Title: Care of the Mental Health Patient
Prefix and Course Number: NURS 138
Course Learning Outcomes:
By the end of this course, a student should be able to:

— Assess attitudes toward the mentally ill person that contribute to stigma and/or negative stereotypes
— Explore the components of psychotherapeutic management
— Compare and contrasts the pathophysiology and behaviors associated with a variety of mental illnesses and verbalize appropriate intervention techniques
— Determine how to incorporate patients and families into the planning and delivery of care to mental health patients
— Establish the therapeutic communication skills necessary to provide professional care to clients with mental health disorders

Course Outline:

I. Assessment
   A. Mental Status Examination
II. Stress and coping
III. Therapeutic Communication
IV. Behaviors
V. Cognition
VI. Mood and Affect
VII. Self
VIII. Development