Course Title: Application of Care of the Developing Family
Prefix and Course Number: NURS 134

Course Learning Outcomes:
By the end of this course, a student should be able to:

- Apply evidence based principles of health and illness to promote, maintain and restore the health of patients and their support systems throughout pregnancy and the postpartum period.
- Utilize the nursing process to meet the needs of the patient from conception through the postpartum period.
- Assist with the promotion of self-care concepts of the patient throughout pregnancy and the postpartum period.
- Provide safe care for the patient throughout pregnancy and the postpartum period.
- Communicate and interact professionally with the patient and members of the health care team.
- Perform a postpartum and newborn assessment incorporating skills presented during previous quarters.
- Assist in identifying patient needs for referral within the community.

Course Outline:

I. Introduction to Maternal Newborn Nursing
   A. Hormones and family planning
   B. Conception and fetal development
   C. Maternal adaptations to pregnancy
   D. Prenatal care and nutrition
   E. Assessment of postpartum mother
   F. Assessment of neonate
   G. Newborn care and feeding

II. Labor and Delivery
   A. Childbirth education
   B. Nursing care during obstetric procedures
   C. Antepartal fetal assessment
   D. Labor and delivery
   E. Pain management during labor