

Spokane Community College

Course Title: Care of the Developing Family

Prefix and Course Number: NURS 133

Course Learning Outcomes:

By the end of this course, a student should be able to:

- Explore evidence based principles of health and illness to promote, maintain, and restore the health of patients and their support systems throughout pregnancy and the postpartum period
- Describe the promotion of self-care concepts of the patient throughout pregnancy and the postpartum period
- Evaluate safe care for the patient throughout pregnancy and the postpartum period
- Explain professional communication and actions to be used with the patient and members of the health care team
- Identify patient needs for referral within the community

Course Outline:

- I. Introduction to Maternal Newborn Nursing
 - A. Hormones and family planning
 - B. Conception and fetal development
 - C. Maternal adaptations to pregnancy
 - D. Prenatal care and nutrition
 - E. Assessment of postpartum mother
 - F. Assessment of neonate
 - G. Newborn care and feeding
- II. Labor and Delivery
 - A. Childbirth education
 - B. Nursing care during obstetric procedures
 - C. Antepartum fetal assessment
 - D. Labor and delivery
 - E. Pain management during labor.