Spokane Community College

Course Title: Care of the Developing Family
Prefix and Course Number: NURS 133

Course Learning Outcomes:
By the end of this course, a student should be able to:

— Explore evidence based principles of health and illness to promote, maintain, and restore the health of patients and their support systems throughout pregnancy and the postpartum period
— Describe the promotion of self-care concepts of the patient throughout pregnancy and the postpartum period
— Evaluate safe care for the patient throughout pregnancy and the postpartum period
— Explain professional communication and actions to be used with the patient and members of the health care team
— Identify patient needs for referral within the community

Course Outline:

I. Introduction to Maternal Newborn Nursing
   A. Hormones and family planning
   B. Conception and fetal development
   C. Maternal adaptations to pregnancy
   D. Prenatal care and nutrition
   E. Assessment of postpartum mother
   F. Assessment of neonate
   G. Newborn care and feeding

II. Labor and Delivery
   A. Childbirth education
   B. Nursing care during obstetric procedures
   C. Antepartum fetal assessment
   D. Labor and delivery
   E. Pain management during labor.