Learning/Performance Expectations (e.g., outcomes, performance objectives, competencies, etc.)

By the end of this course, a student should:

- Introduction and Syllabus Overview
- OBRA, WAC's, Uniform Disciplinary Act
- WA State Nursing Assistant Assessment Program

Chapter 1  Understanding Long-Term Care
Chapter 2  The Nursing Assistant and the Care Team
Chapter 3  Legal and Ethical Issues
Chapter 4  Communication and Cultural Diversity
Chapter 23 Death and Dying

Chapter 5  Quality Infection Control
Chapter 7  Emergency Care and Disaster Preparation

Skills Lab:  Hand-washing, Gloving, Dentures
            Linen-handling, Bed-making

Chapter 6  Safety and Body Mechanics
Chapter 10 Moving, Lifting and Positioning
Chapter 21 Rehabilitation and Restorative Care

Skills Lab:  Transfers, Ambulation, ROM, Positioning,
            Elastic Stockings, Mouth Care, Dressing

Chapter 8  Human Needs and Human Development
Chapter 9  The Healthy Human Body
Chapter 11 Admitting, Transferring and Discharging
Chapter 18 Common Chronic and Acute Conditions

Chapter 13 Personal Care Skills
Chapter 14 Urinary Elimination
Chapter 15 Bowel Elimination

Skills Lab:  Bed-bath, Foot Care, Fingernail Care
            Perineal Care, Catheter Care,
            Measuring Urinary Output, Bedpans
Chapter 16  Nutrition and Hydration
Chapter 17  Basic Nursing Skills

**Skills Lab:**  Measure Temperature, Pulse, Respirations
Blood-Pressure, Weight, Feeding Resident

Chapter 19  Confusion, Dementia and Alzheimer's Disease
Chapter 20  Mental Health and Mental Illness

*First Exam*

Chapter 24  Caring for Your Career and Yourself

**Orientation at Clinical Site – 2 hours (TBA)**

**Clinical Experience at Clinical Site (TBA)**

*Final Exam*