

**Spokane Community College**

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**Course Title:** Nursing Care of Patients Across the Lifespan

**Prefix and Course Number:** NURS 104

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**Course Learning Outcomes:**

**By the end of this course, a student should be able to:**

- Describe the principles of collaboration, compassion and respect for patients and their families into the planning and delivery of care to patients across the lifespan
- Identify growth and development concepts to provide compassionate care across the lifespan; describe means to promote comfort; describe infection control standards and infectious process
- Describe the prioritization of care based on the needs of patients across the lifespan
- Describe the professional nurse's role as educator
- Describe culturally competent care of elderly clients

**Course Outline:**

- I. Health, Wellness and Illness
  - A. Health belief systems
- II. Teaching and learning
  - A. Learning styles
  - B. Effective patient education
- III. Comfort
  - A. Acute and chronic pain
  - B. Pain relief techniques
- IV. Infection.
  - A. Common infectious diseases
  - B. Chain of infections
  - C. Infection control standards
- V. Basic Concept of Cellular regulation
  - A. Breast cancer
  - B. Prostate cancer