

Course Objectives/Course Outline
Spokane Community College

Course Title: Basic Life Support Instructor Course
Prefix and Course Number: ICT 129

Course Learning Outcomes:

By the end of this course, a student should be able to:

- Discuss the Core contents of being an American Heart Association (AHA) Instructor to include:
 - Professional Foundations
 - Planning and Preparation
 - Management
 - Instructional Methods and Strategies
 - Assessment and Evaluation
- Describe and demonstrate ability to complete the required forms for all BLS Courses to include:
 - Correspondence
 - Class Rosters
 - Skill Check-offs
 - Evaluation sheet
 - Test correction and scoring
- Discuss the Principles outlined in the Health Care Provider, Heart Saver and Friends and Family
- BLS Courses to include which courses have a written exam and remedied practices
- Direct potential students and others to the self-directed Learning options from the AHA
- Differentiate the Initial AHA BLS course requirements from the Renewal Options.
- Identify the correct AHA Instructor forms that will need to be completed successfully during monitoring, while instructing first BLS course prior to end of Winter Quarter
- State the requirements to renew the BLS instructor card every two years

Course Outline:

- I. AHA Core Instructor Content
- II. BLS Instructor Course Preparation/forms
- III. BLS Course Teaching
- IV. BLS Testing and Remediation
- V. Self Directed Learning/Computer Based Courses
- VI. Initial and Renewal Options
- VII. Teaching and being Monitoring during first HCP Course