

Course Objectives/Course Outline
Spokane Community College

Course Title: Basic Wilderness Survival
Prefix and Course Number: EMS 122

Course Learning Outcomes:

By the end of this course, a student should be able to:

- Recognize the value of preparation prior to leaving for the wilderness
- Understand how homeostasis affects you in the wilderness
- Understand how clothing and gear selection affects your ability to survive
- Understand and demonstrate how to build a shelter for the environment you're in
- Understand and demonstrate how to build and maintain a fire for survival
- Understand and demonstrate how signaling effects your survival
- Understand and discuss how water consumption and availability effects your survival
- Understand and discuss how food effects your ability to survive

Course Outline:

- I. Introduction
- II. Preparation
- III. Homeostasis
- IV. Clothing and Gear
- V. Shelter Building
- VI. Fire Building
- VII. Signaling
- VIII. Water Food