

Course Objectives/Course Outline
Spokane Community College

Course Title: Advanced Cooking Theory
Prefix and Course Number: CUL 253

Course Learning Outcomes:

By the end of this course, a student should be able to:

- Develop skills in advanced cooking

Course Outline:

- I. Advanced Cooking
 - A. Composition and structure of meats
 1. Identification of primal cuts
 2. Meat selection
 3. Cooking methods
 4. Sauce fundamentals