

# Course Objectives/Course Outline

## Spokane Community College

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**Course Title:** Advanced Cosmetology Applications I

**Prefix and Course Number:** COS 242

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Course Learning Outcomes:

By the end of this course, a student should be able to:

1. Perform advanced chemical texture services to include advanced wraps, proficiency in application of all types of relaxers
2. Perform hair cutting, color, chemical texture services, skin care and nail care services
3. Perform math including weighing, measuring and geometry as it pertains to course
4. Perform first aid as it relates to the salon
5. Perform math including weighing, measuring, geometry, and chemistry as it pertains to course
6. Perform first aid as it relates to the salon
7. Perform final exam (timed)

Course Outline:

NOT ALL TRAINING WILL BE ON MANNEQUINS. 50% OF TRAINING MAY BE DELIVERED ONLINE.

- I. Anatomy
  - A. Recognize bone structure and location and use them as reference points for haircutting, color placement, and styling, as well as hand and foot treatments
  - B. Recognize the location of muscles for hand, foot and scalp manipulations
- II. Advanced Chemical texturizing
  - A. Permanent waving
    1. Safety and infection control procedures
    2. Perform advanced wraps and techniques
  - B. Chemical relaxing
    1. Safety and infection control
    2. Perform basing the scalp
    3. Apply relaxer product (virgin and retouch)
    4. Practice smoothing
- III. Advanced color
  - A. Perform all color applications
  - B. Perform balayage and foiling techniques
  - C. Practice formulation weighing, measuring and adding and subtracting contributing pigments
  - D. Safety and infection control
- IV. Electricity
  - A. Safety and infection control
  - B. practice safe use of all electrical equipment
- V. Infection Control
  - A. Safety and infection control
  - B. Cleaning disinfecting and sterilizing
  - C. Disinfectants, proper mixing and use

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### VI. Exam preparation (timed)

- A. Safety and infection control as it relates
- B. Perform a thermal curl
- C. Perform a haircut
- D. Perform a perm
- E. Perform a color retouch
- F. Perform a foil
- G. Perform a patch test and strand test
- H. Perform a chemical relaxer
- I. Perform a manicure
- J. Perform tweezing and waxing
- K. Perform proper blood exposure