

**Course Objectives/Course Outline**  
**Spokane Community College**

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**Course Title:** Advanced Esthetics Applications  
**Prefix and Course Number:** COS 227

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**Course Learning Outcomes:**

**By the end of this course, a student should be able to:**

1. Perform exfoliation both manually and chemically
2. Perform extractions using all proper safety and infection control
3. Practice machine use
4. Perform spray tanning
5. Apply lash extensions
6. Practice record keeping, retailing and creating a brand
7. Perform final exam (timed)

**Course Outline:**

*The instructor may offer up to 50% of this course to be taught online or offer a distance learning option.*

- I. Advanced treatments
  - A. Wraps and body treatment
  - B. Exfoliation
  - C. Comedo extractions
  - D. Milia extractions
  - E. Machine use
  - F. Spray tanning
  - F. Safety and infection control procedures
- II. Lash enhancements
  - A. Consultation
  - B. Mapping
  - C. Application of individual lashes
  - D. Choosing length, size and shape
  - E. Safety and infection control procedures
- III. Business planning
  - A. Client records
  - B. Retailing emphasis
  - C. Creating a brand
- IV. Exam preparation
  - A. Proper set up and drape
  - B. Cleansing the skin
  - C. Exfoliating skin
  - D. Massage the skin
  - E. Waxing and tweezing
  - F. Mask
  - G. Makeup
  - H. Microdermabrasion
  - I. Eyelash enhancement
  - J. Blood exposure