

Course Objectives/Course Outline

Spokane Community College

Course Title: Intermediate Cosmetology Applications II

Prefix and Course Number: COS 132

Course Learning Outcomes:

By the end of this course, a student should be able to:

1. Perform Manicures and pedicures
2. Perform the facial treatments and services
3. Perform waxing and lash and brow tint
4. Perform proper shampoo and scalp treatments
5. Perform thorough hair and scalp analysis
6. Perform math including weighing, measuring, geometry, chemistry as it pertains to course
7. Perform first aid as it relates to the salon
8. Perform final exam (timed)

Course outline:

NOT ALL TRAINING WILL BE ON MANNEQUINS. 50% OF TRAINING MAY BE DELIVERED ONLINE.

- I. Lash and Brow Tinting
 - A. Preparation
 - B. Application of tint
 - C. Safety and sanitation for lash and brow tinting
- II. Facial Treatments
 - A. Facial masks
 - B. Ingredients
 - C. Facial massages
 - D. Special procedures
- III. Superfluous Hair Removal
Temporary hair removal
 - A. Equipment and supplies
 - B. Eyebrow arching
- IV. Properties of hair and scalp including shampooing and conditioning
 - A. Proper draping
 - B. Practice scalp analysis
 - C. Scalp treatments
 - D. Deep conditioner
 - E. Scalp manipulations and massage movements
- V. Nail diseases and disorders
 - A. Safety and infection control procedures
 - B. Recognize diseases that cannot be treated in the salon
 - C. Recognize/identify disorders of the nails
 - D. Gel polish basic and hot oil manicures
 - E. Gel polish and basic pedicures
 - F. Removal of gel polish
 - G. Massage movements
 - H. Paraffin
- VI. Haircutting and styling

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- a. Perform haircuts using shears, razor, and clippers
- b. Perform wet, dry and heat styling

VI. Infection control

- A. Practice proper storage and infection control
- B. Practice cleaning and disinfecting
- C. Recognize and correct areas that need improvement within the salon
- D. Practice first aid as it relates to the salon

VII. Hair coloring application methods

- A. Safety and infection control
- B. Perform client consultation
- C. Perform patch test
- D. Perform strand test
- E. Perform proper draping for hair color service
- F. Perform all basic application methods
- G. Perform hair lightening to understand the levels of lift

VIII. Exam preparation (Timed)

- A. Safety and infection control as it relates
- B. Thermal curl
- C. Haircut
- D. Perm
- E. Color retouch
- F. Foil
- G. Patch test and strand test
- H. Chemical relaxer
- I. A manicure
- J. Tweezing and waxing
- K. Proper blood exposure