

Course Objectives/Course Outline
Spokane Community College

Course Title: Esthetic Applications II

Prefix and Course Number: COS 126

Course Learning Outcomes:

By the end of this course, a student should be able to:

- Perform skin analysis on various skin types
- Prescribe facial treatments for various skin types
- Recommend make-up applications for specific facial shapes and features
- Perform facials with the aid of machines
- Use various methods of superfluous hair removal
- Apply lash and brow tint
- Apply artificial eyelashes and lash lifts
- Practice safety and sanitation measures related to skin care
- Perform final exam (timed)

Course Outline:

- I. Chemistry
 - A. Organic and inorganic chemistry
 - B. Matter and its structure
 - C. pH and litmus paper
 - D. pH and how it affects the skin
 - E. pH scale
 - F. Solutions, suspensions and emulsion activities
- II. Nutrition
 - A. Consultation about nutrition with client
 - B. Nutrition and oxygen effects on the skin
 - C. Proper esthetician self-care
- III. Facial treatments
 - A. Atmosphere
 - B. Equipment use and storage
 - C. Time management
 - D. Cleaning and disinfection
 - E. Disposal of trash
 - F. Body position and ergonomics
 - G. Safety and infection control
 - H. Chemical peels
 - I. Lash lift and lashes related to testing
- IV. Facial massage
 - A. Facial benefits
 - B. Client loyalty
 - C. Contraindications
 - D. Facials for different skin types
 - E. Acne treatments
 - F. Treatments for men
 - G. Safety and infection control
- V. Facial machines
 - A. Equipment; towel cabinets, all lamps and steamers

- B. Vacuums, galvanic and high frequency
 - C. Micro current, microdermabrasion and led machines
 - D. Safety and infection control
- VI. Hair removal
- A. Permanent and temporary hair removal
 - B. Hard and soft waxing/ tweezing
 - C. Equipment tools and supplies
 - D. Contraindications and consultation
 - E. Safety and infection control
- VII. Makeup
- A. Color matching
 - B. Consultation
 - C. Blending
 - D. Color choice
 - E. Brow design
 - F. Corrective makeup
 - G. Clean up of fall out
 - H. Safety and infection control
- VIII. Exam preparation
- A. Proper set up and drape
 - B. Cleansing the skin
 - C. Exfoliating skin
 - D. Massage the skin
 - E. Waxing and tweezing
 - F. Mask
 - G. Makeup
 - H. Microdermabrasion
 - I. Eyelash enhancement
 - J. Blood exposure

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