

**Course Objectives/Course Outline**  
**Spokane Community College**

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**Course Title:** Esthetics Applications I

**Prefix and Course Number:** COS 124

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**Course Learning Outcomes:**

**By the end of this course, a student should be able to:**

- Apply strip and individual artificial lashes
- Apply lash and brow tint
- Perform machine facials
- Conduct a skin analysis
- Perform a basic facial
- Use various methods of temporary superfluous hair removal
- Practice client, coworker and management communication and creating a professional environment
- Identify diseases and disorders that are able to receive services and what needs a referral to a physician
- Practice determining which products are best for individual clients
- Practice safety and sanitation measures related to skin care.
- Prepare for final exam (timed)

**Course Outline:**

- I. Infection control
  - A. Cleaning disinfecting and sterilizing
  - B. Mixing all types of disinfectant
  - C. Practicing safety and infection control
- II. Communicating for success
  - A. Client consultation
  - B. Communication with clients
  - C. Communication with coworkers/salon manager
- III. Physiology and histology of the skin
  - A. Facials and massage
  - B. Waxing
  - C. Lash and brow tinting
  - D. Strip lashes as they relate to testing
  - E. Facial massage
  - F. Masks
  - G. Special makeup
  - H. Safety and infection control
- IV. Skin Diseases and disorders
  - A. Primary and secondary lesions
  - B. Skin inflammation and contagious disorders
  - C. Acne
  - D. Common skin disorders recognition
  - E. Physician referral
- V. Skin analysis
  - A. Identify skin types
  - B. Identify skin conditions
  - C. Contraindication paperwork
  - D. Consultation
  - E. Analysis and using a magnifying lamp

F. Safety and infection control

VI. Skin care products: Chemical ingredients & selections

A. Cosmetic ingredients with consultation

B. Retailing professional skin care

C. Products, formulations and types of skincare products for individuals

D. Safety and infection control

VII. Treatment room

A. Professional atmosphere

B. Supplies and equipment

C. Setup of treatment room

D. Client comfort

E. Safety and infection control

VIII. Exam preparation

A. Proper set up and drape

B. Cleansing the skin

C. Exfoliating skin

D. Massage the skin

E. Waxing and tweezing

F. Mask

G. Makeup

H. Microdermabrasion

I. Eyelash enhancement

J. Blood exposure