

**Course Objectives/Course Outline**  
**Spokane Community College**

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**Course Title:** Esthetics Concepts I  
**Prefix and Course Number:** COS 123

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**Course Learning Outcomes:**

**By the end of this course, a student should be able to:**

- List and explain different types of bacteria and their classifications
- Describe how bacteria grow and reproduce and explain how to prevent the spread in the salon
- List the difference between sterilization and sanitation and the various methods
- Explain why safety precautions are necessary in the salon
- Identify product categories, FDA regulations of facial product ingredients
- Identify the use of chemistry in skin care
- Identify safety measures relating to use of electrical equipment
- Understand the importance of creating a professional atmosphere, supplies, set up and presentation within the treatment room
- Product categories, FDS regs, formulations and products of facial ingredients
- Explain and define good communication and human relations
- List positive ways to communicate with clients, coworker and salon managers and create an effective client consultation
- List and understand the importance of infection control
- Understand the composition, functions and appendages of the skin
- Identify the structures of the skin, primary and secondary lesions
- Determine contraindications, consult and analyze the skin for facials

**Course Outline:**

**The instructor may offer up to 25% of this course to be taught online or offer a distance learning option.**

- I. Infection control
  - A. Laws and rules and responsibility as a salon professional
  - B. Bacteria bloodborne pathogens
  - C. Cleaning disinfecting and sterilizing
  - D. Types of disinfectant
  - E. Storage of supplies tools, implements, supplies and linens
  - F. Safety and infection control
- II. Communicating for success
  - A. Human relations
  - B. Effective communication
  - C. Client consultation
  - D. Communication with clients
  - E. Communication with coworkers/salon manager
- III. Physiology and histology of the skin
  - A. Functions
  - B. Layers of the skin
  - C. Hair and nail anatomy
  - D. Appendages of the skin
  - E. Hormones and the skin
  - F. Skin health and aging

IV. Skin Diseases and disorders

- A. Primary and secondary lesions
- B. Gland and pigmentation disorders
- C. Skin inflammation and contagious disorders
- D. Skin cancer
- E. Acne; the causes and grades
- F. Common skin disorders
- G. Physician referral

V. Skin analysis

- A. Skin types
- B. Skin Conditions
- C. Health and UV effects
- D. Contraindications
- E. Consultation
- F. Analysis

VI. Skin care products: Chemistry ingredients & selections

- A. Product components for formulation
- B. FDA regulations
- C. Cosmetic ingredients
- D. Categories of professional skin care
- E. Products, formulations and types of skincare products
- F. Safety and infection control
- G. Home care

VII. Treatment room

- A. Professional atmosphere
- B. Supplies and equipment
- C. Setup of treatment room
- D. Client comfort
- E. Safety and infection control

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