

Course Objectives/Course Outline
Spokane Community College

Course Title: Manicuring Applications II

Prefix and Course Number: COS 116

Course Learning Outcomes:

By the end of this course, a student should be able to:

- Apply acrylic sculpture nails
- Practice proper tip application
- Apply various forms of nail overlays
- Practice various methods of natural nail care
- Practice removal of various artificial nail products
- Practice electric filing
- Practice for exam
- Demonstrate proper safety and sanitary procedures
- Perform final exam (timed)

Course Outline:

- I. Sanitation
 - A. Procedures and precautions necessary for artificial nail application
 - B. Procedures and precautions necessary for natural nail care
- II. Artificial nail application
 - A. Nail Preparation
 - B. Acrylic Sculpture
 - C. Tip Application
 - D. Overlays
 - E. Removal
 - G. Gel enhancements and removal
 - F. Demonstrate safety and infection control procedures
- III. Electric Filing
 - A. Proper use and handling of electric files
 - B. Demonstrate the application of torque, rpm, tolerance, etc.
 - C. Practice various techniques
 - D. Identify types of bits, grits and uses
 - E. Demonstrate proper cleaning and disinfection of electric files and bits
 - F. Use different types of bits, grits and uses
 - G. Demonstrate proper cleaning and disinfection of electric files and bits
- IV. Nail tips and wraps
 - A. Demonstrate proper procedures and precautions application of tips
 - B. Demonstrate proper removal of tips
 - C. Demonstrate proper procedures and precautions in wrap applications
 - D. Perform 2week and 4week maintenance
 - E. Demonstrate proper procedures and precautions for removal of wraps.
 - F. Demonstrate safety and infection control procedures
- V. Exam preparation
 - A. Perform a basic manicure with polish
 - B. Apply a blended tip
 - C. Perform a sculptured nail
 - D. Proper blood exposure procedure
 - E. Use all proper safety and infection control procedures

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