

**Course Objectives/Course Outline**  
**Spokane Community College**

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**Course Title:** Manicuring Applications I

**Prefix and Course Number:** COS 114

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**Course Learning Outcomes:**

**By the end of this course, a student should be able to:**

- Prepare nails for a variety of manicuring and pedicuring techniques
- Perform manicures and pedicures
- Apply and remove gel polish
- Apply and remove artificial nails
- Practice safety and infection control
- Perform pH testing and competency in reading results
- Perform final exam (timed)

**Course Outline:**

- I. Manicuring and pedicuring
  - A. Implements, supplies, and materials
  - B. Perform proper safety and infection control procedures
  - C. Gel polish application and removal
- II. Perform the following types of manicures and pedicures
  - A. Basic manicure
  - B. Hot oil manicure
  - C. Paraffin manicure
  - D. Basic pedicure
  - E. Safety and infection control
- III . Artificial nail application and removal
  - A. Nail preparation
  - B. Acrylic sculpture
  - C. Tip application
  - D. Overlays
  - E. Removal
  - F. Safety and infection control
- IV. Infection control
  - A. Practice cleaning and storing equipment
  - B. Demonstrate mixing and proper use of disinfectants
  - C. Demonstrate proper disinfection of implements and tools
- V. Chemistry
  - A. pH testing
  - B. Proper storage of chemicals
  - C. Practice safety and infection control with nail products
- V. Exam preparation
  - A. Perform a basic manicure with polish
  - B. Apply a blended tip
  - C. Perform a sculptured nail
  - D. Proper blood exposure procedure
  - E. Use all proper safety and infection control procedures