

Course Objectives/Course Outline
Spokane Community College

Course Title: Manicuring Concepts I
Prefix and Course Number: COS 113

Course Learning Outcomes:

By the end of this course, a student should be able to:

- List the steps required to apply and remove artificial nails
- Identify basic nail structure
- Identify various classes of bacteria
- Identify various methods of sterilization and sanitation
- Identify various manicuring and pedicuring techniques

Course Outline

The instructor may offer up to 25% of this course to be taught online or offer a distance learning option.

- I. Manicuring and pedicuring
 - A. Four basic nail shapes
 - B. Implements, cosmetics, and materials used in manicuring and pedicuring
 - C. Proper procedure and sanitary precautions for a manicure or pedicure
 - D. Massage used in manicuring or pedicuring
 - E. Types of manicures
 - G. Procedure for a pedicure
 - H. Safety precautions
- II. Infection control
 - A. Types of bacteria
 - B. Classifications of pathogenic bacteria
 - C. Bacteria growth and reproduction
 - D. Bacterial infections
 - E. Immunity
- III. Sanitation and disinfection
 - A. Methods
 1. disinfectants
 2. antiseptics
 - B. Types of sanitation
 1. wet sanitation
 2. dry or cabinet sanitizer
 3. chemical sanitizer
 4. electrical or light rays
 - C. Types of Chemicals
 1. sodium hypochloride
 2. quaternary ammonium compounds (quats)
 3. phenol
 - D. Preparation of sanitizing agents
 - E. Sterilization and sanitation
- IV. Artificial nail application
 - A. Nail preparation
 - B. Acrylic sculptures
 - C. Artificial tip application

- D. Overlays
- E. Removal of nail enhancements
- F. Safety and sanitation
- V. Nail structure
 - A. Parts of the nail
 - B. Structure beneath the nail
 - C. Skin structure surrounding the nail
 - D. Nail growth
- VI. Nail Diseases and disorders
 - A. List and describe the various diseases, disorders and irregularities of nails.
 - B. Recognize nail diseases and disorders that cannot be serviced in the salon.
- VII. Chemistry
 - A. Organic and inorganic chemistry
 - B. Forms of matter, elements, compounds and mixtures.
 - C. Solutions, suspensions and emulsions.
 - D. pH and the pH scale.
 - E. Chemical use and safety