

Spokane Community College

COURSE LEARNING OUTCOMES (CLO) AND OUTLINE

Course Title: Cosmetology, Esthetics, and Manicuring Applications I

Prefix and Course Number: COS 112

Version Date: 3/17/2022

Course Learning Outcomes

By the end of this course, a student should be able to:

1. Apply basic hair styling techniques
2. Perform wet, dry, and heat styling
3. Shampoo, drape, and analyze whether the service can be performed
4. Use the basic techniques for shaping with scissors, razors, and clippers
5. Cut and trim facial hair including beard and mustache design, eyebrow, ear and nose hair
6. Apply proper thermal styling techniques
7. Perform the basic haircuts introduced
8. Use the appropriate techniques to wrap hair for a permanent wave
9. perform different techniques of color application Including virgin, retouch, foils, and baliyage
10. Identify the use of the color wheel
11. Perform manicures and pedicures
12. Practice safety and infection control procedures
13. Perform math including weighing, measuring, geometry, and chemistry as it pertains to course
14. Perform first aid as it relates to the salon
15. Perform final exam (timed)

Course Outline:

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NOT ALL TRAINING WILL BE ON MANNEQUINS. 50% OF TRAINING MAY BE DELIVERED ONLINE.

- I. Shampooing and Rinsing
 - A. Safety and infection control
 - B. Perform proper scalp manipulations and massage techniques
 - C. Demonstrate proper draping for service performed
 - D. Demonstrate knowledge of shampoo ingredient
 1. selection
 2. application
 - E. Demonstrate knowledge of conditioner ingredients
 1. selection
 2. application
- II. Basic Hair Cutting Techniques
 - A. Safety and infection control
 - B. Demonstrate proper draping
 - C. Demonstrate various degrees of elevation
 - D. Demonstrate razor cutting

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- E. Demonstrate scissor cutting
- F. Demonstrate texturizing
- G. demonstrate proper sectioning
- H. Demonstrate proper use of clippers
- III. Permanent waving methods
 - A. Safety and infection control
 - B. Demonstrate proper draping for texturizing service
 - C. Demonstrate sectioning and blocking
 - D. Demonstrate wrapping techniques
 - E. Perform test curl
 - F. Application of waving lotion and neutralizer
 - G. Understand processing time
 - H. Recognize wave pattern formation
 - I. Applying protective cream and cotton around hair line and related to safety measures
 - J. Identify over processing
 - K. Identify under processing
 - L. Understand methods of neutralization
 - M. Identify the difference between cold wave, body wave, endo and exothermic waves
 - N. Understand the importance of release statements
- IV. Hair coloring application methods
 - A. Safety and infection control
 - B. Perform client consultation
 - C. Perform patch test
 - D. Perform strand test
 - E. Perform proper draping for hair color service
 - F. Perform all basic application methods
 - G. Perform hair lightening to understand the levels of lift
- V. Manicuring and pedicuring application methods
 - A. Safety and infection control
 - B. Demonstrate the use of Implements, supplies and equipment
 - C. Demonstrate gel polish application and removal, basic and hot oil manicure procedures
 - D. Demonstrate gel polish application and removal, and basic pedicure procedures
 - E. Demonstrate paraffin application
 - F. Perform massage manipulations and they pertain to manicures and pedicures
- IX. Hair Styling
 - A. Safety and infection control
 - B. Demonstrate proper draping for hair styling service being performed
 - C. Demonstrate thermal styling techniques
 - D. Demonstrate blow dry styling techniques
 - E. Demonstrate finger waving pin curling and roller setting techniques
- X. Exam preparation (timed)
 - G. Perform safety and infection control
 - H. Perform a thermal curl

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- I. Perform a haircut
- J. Perform a perm
- K. Perform a color retouch
- L. Perform a foil
- M. Perform a patch test and strand test
- N. Perform a manicure
- O. Perform proper blood exposure