

Spokane Community College
Course Learning Outcomes and Outline

Course Title: Cosmetology, Esthetics, and Manicuring Concepts I

Prefix and Course Number: COS 111

Version Date: 3/17/2022

Course Learning Outcomes:

By the end of this course, a student should be able to:

1. Use guidelines for hair shaping
2. Cut and trim facial hair including beard and mustache design, eyebrow, nose and ear hair
3. Describe hair styling procedures
4. Identify hair color classifications and application methods
5. Describe permanent wave wrapping techniques
6. Identify basic nail structure
7. Identify various methods of sterilization and sanitation
8. Describe the thermal waving process
9. Identify various manicuring and pedicuring techniques
10. Use math skills for measuring, cutting, and chemistry

Course Outline:

NOT ALL TRAINING WILL BE ON MANNEQUINS. 50% OF TRAINING MAY BE DELIVERED ONLINE.

- I. Draping
 - Safety and infection control relating to draping
 - A. wet service
 - B. chemical service
 - C. hot tools
- II. Shampooing
 - A. Safety and infection control related to shampooing
 - B. different types of shampoos
 - C. scalp treatments
 - D. massage movements performed during shampoo
 - E. Proper hair and scalp analysis
- II. Bacteriology and infection control
 - A. Types of bacteria
 - B. Classifications of pathogenic bacteria
 - C. Bacteria growth and reproduction
 - D. Wet sanitation
 - E. Chemical
 - F. Sanitizer
 - G. Disinfectant
 - H. Antiseptics
- III. Hair Color
 - A. Safety and infection control as it relates to hair color
 - B. Metallic dyes
 - C. Aniline derivative tints
 - D. Color wheel
 - E. Color rinses

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- F. Understand Tints and toners
- G. pH as it relates to hair color
- H. Balayage and foiling techniques
- I. Decolorizing and types of decolorizers
- VI. Define Application methods Chemical texturizing
 - A. Safety and infection control as it relates to chemical texture services
 - B. Chemical reactions that take place in chemical texturizing
 - C. Alkaline and acid according to the pH scale as it relates to chemical texturizing
 - D. Neutralization in chemical texturizing
 - E. Relaxer chemicals and techniques
 - F. Curl reduction
 - G. Permanent wave wrapping techniques
- V. Hair Styling
 - A. Safety and infection control as it relates to hair styling
 - B. wet hairstyling
 - a. Roller sets
 - b. Pincurls
 - c. Fingerwaves
- VI. Define the tools used in dry styling
 - A. Marcel iron
 - B. Flat iron
- VII. Define the importance of blow drying
 - A. Hot and cold button
 - B. Blow drying attachments
 - C. Brush manipulation
- VIII. Haircutting
 - A. Safety and infection control as it relates to haircutting
 - B. Hair cutting implements
 - C. Lines sections elevation and guidelines
 - D. Various techniques and tools used for hair texturizing
 - E. Professional terminology used in hair cutting
 - F. Clippers and trimmers
- IX. Manicuring and Pedicuring
 - A. Safety and infection control as it relates to manicures and pedicures
 - B. Nail shapes
 - C. Nail structure
 - D. Nail diseases and disorders that should be referred to a physician
 - E. Massage techniques
 - F. Types of manicures
 - 1. Water
 - 2. Hot oil
 - G. Pedicures