

Course Objectives/Course Outline
Spokane Community College

Course Title: College and Career Strategies

Prefix and Course Number: BT 152

Course Description:

College and Career Strategies (3-5 cr) Students increase the ability to succeed in college courses. Skills necessary to reach educational objectives are presented including active learning, making good decisions, communication skills, managing time, utilizing campus resources, overcoming self-defeating behaviors, and managing personal issues that face many students as they complete their college course requirements. (SCC)

Course Learning Outcomes:

By the end of this course, a student should be able to:

- Discuss the purpose of the course and describe ways you can make the college experience more successful and satisfying.
- Build relationships with active listening and create a support system.
- Improve relationships through a better understanding of others and the communication process.
- Explain how the value of education and expectations of success increase motivation
- Utilize techniques to increase self-esteem and self-confidence.
- Apply problem solving skills to make choices and decisions that support personal and academic goals
- Utilize available resources at the college and within the community
- Identify personal and career goals
- Use time management tools to set priorities and meet deadlines
- Display responsibility by setting priorities, following through on commitments, and demonstrating respect for others.

Course Outline: